

# ONANOLE ELEMENTARY SCHOOL

133 Centennial Drive , Onanole

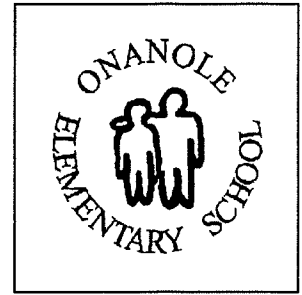
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*"To inspire and support learning while practicing global citizenship in a respectful environment."*

Box 8, Onanole, MB. R0J 1N0

Pam Ryznar, Principal



September 26, 2022

## RE: PEANUT & TREE NUT SAFE SCHOOL

Dear Parents and Students,

We do have students in our school who have either a peanut allergy, and/or a severe tree nut (cashews) allergy.

For this reason, we will be a **PEANUT & TREE NUT SAFE ZONE**. We ask that all lunch and snack items sent to school have no traces of these nuts. We also ask that students wash their hands before and after eating snacks and lunch. It is also important that students **DO NOT** share their lunches or snacks. If students follow these simple procedures, safety for all is ensured.

It is very important that we respect that we are a **PEANUT & TREE NUT SAFE ZONE** and want to thank all of you for your cooperation in advance. If you have any questions or concerns, please feel free to call or drop in.

Sincerely,

Pam Ryznar  
Principal

\*\*Information about "nut free" snacks can be found on the Government of Canada Website or the Assiniboine Regional Health Authority website. We encourage all parents to read the labels of all snacks

**ONANOLE ELEMENTARY SCHOOL**  
**School Nutrition Policy**

Onanole Elementary School believes that in working with the home and community, we can encourage healthy lifestyles, which includes proper nutrition and active living, both essential for the proper development of the child.

Onanole Elementary School will promote healthy living through the following:

- Proper nutrition and physical education for all students through the Canadian Food Guide to Healthy Eating and the Manitoba Physical Education/ Health Curriculum.
- Encouraging nutritional foods during special classroom and school functions.
- Healthy foods will be encouraged for morning and afternoon snacks.
- Our milk program
- Occasional Hot Lunch Program will follow the Canadian Food Guide.
- Fund-raising does not rely on the sale of non-nutritious foods.
- Ensuring proper hygiene.
- Encouraging healthy lunch choices