K : Caitlyn Clark Ext:473

1/2: Stacey Silverthorn Ext: 472

3/4: Micayla Krahn Ext: 474

5/6: Scott Stephenson Ext: 478

7/8: Tracy Tyschinski/Pam Ryznar Ext: 477

Principal: Pam Ryznar Ext: 471

Secretary/Librarian: Tanya Robinson Ext: 470/475

> Educational Assistant: Glenda Rac Tara MacInnis Emily Grudeski

Resource Teacher: Tracy Tyschinski

Guidance Counsellor: Pam Ryznar

Principals Report

I hope that everyone had a good long

weekend. I want to extend a big congratulations to Mr. Stephenson, Mr. Andreychuk and our soccer team on the tournament last week. Lots of preparation / practice goes into those events and it is greatly appreciated. Thank you to the grade 7/8 canteen volunteers, donations from parents and AJ Lewis at Sportsman's Park, refs and to Mr. Ryznar, you were all a tremendous help on Wednesday.

I had the pleasure of attending my first in person UNESCO meeting in two years, in Wpg last Thursday. It was so great to see people and connect with other schools about their plans for the year. The Kids Being the change group will be meeting on Friday at noon in the K classroom. We will be making some plans for our year. All grade 5-8 students are welcome to attend.

Miss Kahn has already met with those interested in the year book committee and that will be combined with our Art Journals this year. The schedule will be posted in the 5-8 classrooms.

Stay tuned for information on Media Literacy Week and Project Reset coming out in the next couple of weeks.

Have a great week. Mrs. Ryznar

2022-2023 ONANOLE ELEMENTARY

<u>SCHOOL</u>





Peanut & Tree Nut

Safe Zone

133 Centennial Drive Box 8, Onanole, MB ROJ 1N0 Phone: (204) 848-2402 Fax (204) 848-2182 Pamela Ryznar, Principal "Where learning is an adventure"

Apcoming

Friday, Oct 14th: Kids Being the Change meeting in the K-room at 12:15pm.

Wednesday, Oct 19th: School Wide Photo

Friday, Oct 21st: Inservice/No Classes





The classes have been reacquainting themselves with the concept of mindfulness. We have been reviewing the parts of the brain and what happens when we feel stressed or triggered. We have been checking in with our bodies to understand our feelings and

checking on our self talk.

Taking care of myself doesn't mean me first: It means me, too:

Kindergar-fen!

October has begun and so has our class pumpkin plant! Last week we planted some seeds, and they are starting to sprout! We also introduced class jobs which will be changing weekly so check the daily planner to see what job your child has. Calendar helper always gets to bring show and tell. So far Luke has shared his amazing shark helmet! The next few weeks we will continue exploring trees by comparing leaves and learning about how some trees don't lose their leaves. We will continue looking at what makes us special by exploring different things we are good at. In health we will learn about different emotions. We will also be exploring our first international celebration; Dia de Los Muerto by making a pinata! During this time we have a fun mini unit on pumpkins planned!

~Ms. Clark



<u>Grade</u> 1/2

You are napping on the forest floor, nestled on soft moss and fallen autumn leaves, when a wet nose nudges you. You open your eyes to meet the gaze of an enormous wolf. As you sit up, you notice that an entire pack is sitting around you. You feel very safe, and perfectly at home as part of this clan...

The other day in class during a story the students all started howling together like a pack of wolves in our classroom forest! It was the sound of wholeness and connection that brought our imaginations and reality together in a moment that was precious.

As we expand our forest I had the students write things they are grateful for on leaves to create Thankfulness Trees. They thought of many insightful things and used a variety of fall colours to showcase this time of year. They look **beautiful**.

Later as I walked along my favourite path down the autumn coloured trail I could see all of the trees around me becoming the students thankfulness trees along with my own. Something I could profoundly see in that moment was how grateful I am for the all of the leaves that are no longer on my tree. The ones that didn't belong on my branches anymore. It's those things that we let go of when seasons change that make room for the things you didn't even know you were missing. It seems as though it is these same hidden places where we find gratitude that we also discover courage underneathe fallen leaves in those *nothing but beautifully ordinary moments.* I am so grateful for the warm welcome I have received this school year and I feel very at home here as part of the Onanole Wild. I find ferocious gratitude in the moments I spend with your children each day!

I hope everyone had an amazing Thanksgiving, Ms. Silverthorn

Grade 3/4

Hello everyone!

Happy Thanksgiving! I hope that you all had a great long weekend. As we say goodbye to summer and welcome fall, please remember to pack your child with extra clothing to accommodate for the range of temperatures and weather conditions we may experience while at school. Thank you to everyone for their recycling donations! Our class will have so much fun building our own structures at the end of this month. Here are some topics we will be focusing on in class:

<u>ELA</u>: A Boy Called Bat Novel Study & Making connections to the books we are reading.

Math: Adding and Subtracting Numbers to 1,000 (Gr. 3) and 10,000 (Gr. 4)

Science: Structures & Materials

Social Studies: Canadian Geography

Have a great week! Miss Krahn

Grade 5/6

I hope everyone had a great long weekend. There is a definite chill in the air when the kids get to school in the morning. We will still be going outside for some Phys. Ed. classes so please make sure the kids are dressed for the weather.

Mrs. Cameron will be joining us again on October 17 to continue her student teaching placement. We are excited to have her back.

Here is what we are up to in our classes:

Math – Decimal Numbers & Multiplication Facts ELA – Literacy Choices & Reading Groups Science – Families of Vertebrates Social Studies – Life at the Time of Confederation Phys. Ed. – Low Organized Games Health – Designing Games & Fitness Components

REMINDERS:

TUSC – Wednesday Spelling Unit 4 – Wednesday

Have a great week. Mr. Stephenson

We would like to



Mrs. Cameron to Onanole Elementary School!!!



Hello! My name is Shannon Cameron and I will be student teaching in Grade 5/6 with Mr. Stephenson this term. My previous placement was at Erickson Collegiate in grades 9-12 for Social Studies, History, Art, and French. My prior work experience was as an uncertified grade 4/5/6 French Immersion teacher in Swan River, so I am thrilled to get to spend time with this age group again. I look forward to getting to know each and every one of the awesome students at Onanole School!

Grade 7/8

Happy Thanksgiving! Hope you all enjoyed the beautiful long weekend and got in some delicious supper!

Around the Classroom:

Math 8: quiz this Friday on dividing decimals, word problems and order of operations. Then we will move onto algebra

Math 7: beginning our unit on adding/subtracting fractions

Social Studies: quiz this Thursday

Science: we will be beginning our first unit on Fluids by looking at the differences between them and non-fluids

French: using our French vocabulary to read a story and answer questions, along with beginning an assignment about our favourite movie.

Mrs. Tyschinski

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Jr. High Soccer

Congratulations to the Junior High Soccer Team for winning the tournament that was hosted in Onanole last Wednesday. The kids played great and showed excellent sportsmanship in their 3 games. Thank you very much to Mr. Andreychuk for helping coach the team, to Chayce, Ozy, Max and Dillon for refereeing the games, and to all the staff and students that helped out with the canteen.



Grade 7/8 news ELA

Mrs. Ryznar

We have spent the past month getting reacquainted and remembering how to be together as a group.

<u>Writing</u> – we are have started with some narratives – specifically Vignettes and some mini lessons on word choice and this week foreshadowing techniques.

<u>**Reading**</u> – We are reading in our own choice books for the next two weeks and we met last week in our book circles to discuss. Students are encouraged to read in their own choice books at home.

Ms. Clark is doing the word work segment of the ELA with a focus on spelling and mechanics of writing.

<u>Speaking / viewing</u> – We have started to incorporate drama into our program and held two TUSC meetings so far.

Enjoy the October weather.

